**The name of the academic discipline:**

**“Improving Sports Mastery”**

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| **Specialty code and name** | 6-05 1012 02 Coaching Activities (Athletics) |
| **Year of study** | 1, 2, 3, 4 |
| **Semester of study** | 1, 2, 3, 4, 5, 6, 7, 8 |
| **Number of in-class academic hours:** | 700 |
| **Lectures**  **Seminar classes**  **Practical classes**  **Laboratory classes** | - |
| - |
| 700 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit / credit / credit / credit |
| **Number of credit points** |  |
| **Competences** | To possess the skills of organizing and judging sports competitions, to implement the existing level of technical, tactical and physical fitness in the context of educational, training and competitive activities in the chosen sport. |
| **Summary of the academic discipline:**  The structure of the academic discipline “Improving Sports Mastery” is presented by the following sections: theoretical training, special physical training, technical training, tactical training, refereeing practice, integrated training. In the process of studying the discipline, students acquire the necessary knowledge for independent pedagogical work, study the means, methods of sports training, improve the level of physical, technical-tactical and competitive training, acquire the skills of instructor and refereeing practice. | |