

**Academic discipline:  
«Rhythmic organisation of calisthenics»**

<b>Code and name of specialty</b>	6-05-0113-07 Music education
<b>Training course</b>	1
<b>Semester of training</b>	1
<b>Number of class hours:</b>	42
<b>Lectures</b>	-
<b>Seminar classes</b>	-
<b>Practical classes</b>	42
<b>Laboratory classes</b>	-
<b>Form of current assessment (credit/differential credit/exam)</b>	exam
<b>Number of credits</b>	3
<b>Competencies to be formed</b>	The study of the academic discipline «Rhythmic organization of calisthenics» should ensure the formation of students' basic professional competencies: to design the learning process, to set educational goals, to select the content of educational material, methods and technologies based on the knowledge system in the field of theory and methodology of pedagogical activity.
<b>Brief content of the academic discipline:</b>	
«Rhythmic organization of calisthenics» is an academic discipline of practical orientation, the development of the content of which is aimed at mastering exercises for coordination of movements, parterre gymnastics, dance improvisations to music, preparing students to perform elements of folk and classical dance, developing expressiveness, emotionality and imagery in dance, mastering variants of musical and rhythmic games and exercises.	