

**Academic discipline:
«Age-related physiology and school hygiene»**

Code and name of specialty	6-05-0112-02 Primary Education
Training course	1
Semester of training	1
Number of class hours:	52
Lectures	18
Seminar classes	-
Practical classes	34
Laboratory classes	-
Form of current assessment (<i>credit/ differential credit/exam</i>)	credit
Number of credits	3
Competences to be formed	To ensure health-saving conditions of the educational process, to participate in the development and implementation of programs that contribute to the preservation and strengthening of the physical and mental health of students and teachers
Brief content of the academic discipline:	
The academic discipline «Age-related physiology and school hygiene» provides for the study of the main functional features and patterns of development of the human body at different stages of ontogenesis, age-related psychophysiological, constitutional, individual features of student education, health-saving technologies of the educational process, scientific and methodological foundations for the prevention of fatigue, maladaptation in schoolchildren, teaching children healthy lifestyle skills.	