**The name of the academic discipline:**

**“Modern technologies of control in the practice of physical education and sports”**

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| **Specialty code and name** | 7-06-1012-01 Physical Education and Sports |
| **Year of study** | 1 |
| **Semester of study** | 1 |
| **Number of in-class academic hours:** | 32 |
| **Lectures**  **Seminar classes**  **Practical classes**  **Laboratory classes** | 16 |
| - |
| 16 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit |
| **Number of credit points** | 3 |
| **Competences** | Identify and analyze significant scientific and practical problems in the professional sphere of physical education and sports in accordance with modern trends in its development. Search, analyze and systematize scientific information in the sphere of physical education and sports, determine the goals and objectives of scientific research, choose the best ways to solve them in practice. |
| **Summary of the academic discipline:**  The academic discipline "Modern technologies of control in the practice of physical education and sports" refers to the cycle of disciplines "Component of the institution of higher education", disclosed in the module "General theory and practical aspects of physical education and sports".  Studying the discipline contributes to the formation of students' advanced knowledge of the methods of complex control of athlete training. As a result of studying this course, the future specialist in physical education should master practical skills in using methods of control of athlete training and their application in scientific and pedagogical activities.  The purpose of the discipline is to form advanced knowledge in graduate students in the field of managing the process of training (functional, technical and tactical, psychological) of an athlete based on the use of innovative methods of control of sports training. | |