**The name of the academic discipline:**

**“Sports Anthropology”**

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| **Specialty code and name** | 7-06-1012-01 Physical Education and Sports |
| **Year of study** | 1 |
| **Semester of study** | 1 |
| **Number of in-class academic hours:** | 32 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 10 |
| 2 |
| 20 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | exam |
| **Number of credit points** | 3 |
| **Competences** | Apply systemic and comparative analysis of modern scientific achievements, generate and use new knowledge in solving research and practical problems, including in an interdisciplinary context.Use theoretical knowledge about the patterns and mechanisms of human development, its anatomical and physiological, biomechanical and psychosomatic features of life in the context of sports and physical education and health activities to solve practical research problems. |
| **Summary of the academic discipline:**The academic discipline "Sports Anthropology" reveals the patterns of change in the morphological and functional characteristics of athletes in connection with their sporting achievements. The main objective of "Sports Anthropology" is to study athletes of various qualifications in order to develop certain selection criteria in sports, methods for achieving high sporting results, and to monitor the condition of athletes. |