**The name of the academic discipline:**

**“Psychological and pedagogical foundations of physical education”**

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| **Specialty code and name** | 7-06-1012-01 Physical Education and Sports |
| **Year of study** | 1 |
| **Semester of study** | 1 |
| **Number of in-class academic hours:** | 32 |
| **Lectures**  **Seminar classes**  **Practical classes**  **Laboratory classes** | 16 |
| - |
| 16 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit |
| **Number of credit points** | 3 |
| **Competences** | UC-8 Apply systemic and comparative analysis of modern scientific achievements, generate and use new knowledge in solving research and practical problems, including in an interdisciplinary context.  SC-2 Promote a healthy lifestyle, develop physical culture of the individual in various groups of the population |
| **Summary of the academic discipline:**  The purpose of the academic discipline is to form an understanding of the structural components, types and varieties of physical culture and sports, psychological characteristics of their manifestation and embodiment in the life of society and man.  Objectives of the academic discipline:  – to form a theoretical base of modern knowledge for work in various subsystems of physical culture,  – to provide a basis for multifaceted educational and methodological-practical training of a specialist in physical culture;  – to teach to master a professional language;  – to promote the development of communicative and professional abilities and qualities of students, future specialists;  – to teach to be aware of the personal and social significance of their profession;  – to form and instill skills of scientific-methodological, organizational-managerial and social-pedagogical thinking. | |