**The name of the academic discipline:**

**“Work of a psychologist in extreme situations”**

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| **Specialty code and name** | 7-06-0313-01 Psychology |
| **Year of study** | 1 |
| **Semester of study** | 1 |
| **Number of in-class academic hours:** | 36 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 16 |
| 4 |
| 16 |
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| **Form of the current assessment (*credit/ graded credit /exam*)** | credit |
| **Number of credit points** | 3 |
| **Competences** | To analyze mental states of individuals in crisis and post-crisis situations, to provide group and individual psychological assistance to subjects experiencing crisis situations. |
| **Summary of the academic discipline:**The academic discipline "Work of a psychologist in extreme situations" refers to the module "Psychological counseling in crisis situations" and is included in the component of the educational institution in accordance with the curriculum of the specialty.The purpose of the academic discipline is to form a system of knowledge about the specifics of providing psychological assistance in extreme situations; teaching the skills of independently building programs of psychological assistance to a person in the crisis and post-crisis periods of life.During lectures, students will become familiar with the theoretical foundations of the psychology of extreme situations, basic concepts and patterns. Seminars and practical classes are aimed at consolidating and expanding knowledge on the topics stated in the program, as well as developing skills and abilities in applying the studied material to solve applied social and psychological problems. |